

METRICS TEST



RULES:

TWO METERS
TWO 10RD MAGS
MISSES ADD 2 SEC

LVL 3 HOLSTER = MINUS 2 SEC FROM TOTAL
LVL 2 HOLSTER = MINUS 1 SEC FROM TOTAL
CLOSED TOP MAG POUCH = MINUS 1 SEC FROM TOTAL

[STAGE 1] 3 ROUNDS TO ALPHA
[STAGE 2] 2 ROUNDS TO BRAVO - 1 ROUND TO CHARLIE
[STAGE 3] 1 ROUND TO DELTA - 2 ROUNDS TO INDIA
[STAGE 4] 1 ROUND TO ECHO - RELOAD - 5 ROUNDS TO JULIET
[STAGE 5] 2 ROUNDS TO HOTEL *WEAK HAND ONLY*
[STAGE 6] 2 ROUNDS TO GOLF *STRONG HAND ONLY*
[STAGE 7] 1 ROUND TO FOXTROT

TIME [1]: _____
TIME [2]: _____
TIME [3]: _____
TIME [4]: _____
TIME [5]: _____
TIME [6]: _____
TIME [7]: _____

PASS:
UNDER 30 SECONDS

_____ TOTAL TIME

